Intravenous (IV) Conscious Sedation
Pre-Operative Instructions

1. To reduce the chance of nausea, do not eat or drink anything (including water) for at least six hours prior to your appointment.
   a. If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment.
   b. If your surgery is in the afternoon, a light breakfast at least six hours prior to your scheduled surgery is encouraged.
   c. Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimum of water.

2. A responsible adult, over 18 years of age, should accompany you to the office and remain with you throughout the entire procedure. Following IV conscious sedation, a responsible adult should remain with you for the next 24 hours.

3. You MUST have someone who will drive you home. No buses or taxis are permitted.

4. Minors (persons under the age of 18 years) must be accompanied by a parent or legal guardian.

5. When receiving intravenous conscious sedation, you should wear clothing, which is not restrictive to the chest, neck or arms. You should wear loose-fitting tops on which the sleeves can be rolled up to the shoulder. Leave all rings and jewelry at home. Wear minimal make-up. Leave nail polish off your index finger so we can monitor your oxygen level. Please visit the restroom immediately before your appointment.

6. Contact lenses must be removed prior to IV conscious sedation.

7. Following the IV conscious sedation, you should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.

8. Intravenous (IV) conscious sedation when combined with local anesthetic injection is designed to provide a pain-free, relaxed, drowsy state for you, the patient. In addition, many people have little or no memory of the procedure itself. The medications will be given through a small IV catheter, which will be started in your hand or arm. Oxygen and possibly nitrous oxide will also be administered. Throughout the procedure, your blood pressure, heart rate, oxygen saturation, and level of sedation will be monitored.
IV Conscious Sedation Informed Consent

I understand that undergoing IV sedation includes possible inherent risks such as, but not limited to the following:

1. Complications due to drugs, which include but are not limited to nausea, vomiting, swelling, bleeding infection, numbness, allergic reaction, stroke and heart attack. Some of these complications, although rare, may require hospitalization and may even result in death.

2. Bruising or tenderness of the IV induction site may occur. Some sedative agents may cause a burning or itching sensation in the place the IV is administered. Swelling may be caused from excess IV fluid entering surrounding tissues and may take several days to resolve. Tenderness, bruising or swelling can be treated with warm, moist heat applied to the site.

3. Need for limitation of food and drink. I understand that the patient must refrain from food or drink after midnight for a morning appointment. Prior to an afternoon appointment, the patient is limited to a light breakfast no later than six hours before the treatment time and clear fluids up to three hours before treatment. NO milk.

4. Changes in health are important, including fevers or colds. I am expected to convey this information to the dentist prior to a planned appointment when IV sedation is involved.

5. A responsible adult must accompany the patient at time of discharge. I understand that a patient must not drive a vehicle or take a bus or taxi after undergoing IV sedation.

6. Women: Anesthetics and other medications may be harmful to an unborn child and may cause birth defects or spontaneous abortion. I accept full responsibility for informing the dentist or attending anesthetist of a suspected or confirmed pregnancy.

I’ve been given the opportunity to ask any questions regarding the nature and purpose of IV conscious sedation and have received answers to my satisfaction. I do voluntarily assume any and all possible risks, including risk of substantial harm, if any, or even death which may be associated with any phase of receiving IV conscious sedation in hope of obtaining the desired results, which may or may not be achieved. No guarantees or promises have been made concerning my recovery and results of the treatment rendered. The fee(s) for this service has been explained to me and are satisfactory. By signing this form, I’m freely giving my consent to allow and authorize Dr. Meisner and his associates to render any treatment necessary or advisable to my dental conditions, including any and all anesthetics and/or medications for my own benefit or my minor child or ward.

____________________________  _________________________  __________
Patient Name (Printed)       Signature of Patient/Legal Guardian   Date

____________________________  _________________________
Witness                      Date
Post-Conscious Sedation Instructions

1. Directly after your procedure, you’ll need to stay in your doctor’s office until both you and your anesthetist feel that you can safely return home. You MUST have someone who will drive you home and be available for any help you might need for the next 24 hours.

2. The medications you’ve been given remain in your body for several hours. Please follow the list of DO’s and DON'Ts in order to avoid possible problems.

**DO:**

- Do leave the office with a responsible adult who can assist with your care.
- Do rest quietly for the remainder of the day.
- Do consume liquids first and slowly progress to a light meal

**DON'T:**

- Don't drive a car for the remainder of the day.
- Don't operate complex equipment for the remainder of the day.
- Don't drink alcohol for at least 12 hours.
- Don't take any medications unless discussed with your doctor of anesthetist.

3. Please contact your doctor’s office if you feel your recovery is not going well or if you have any questions.

Thank you!